

Community Connections Chat Line

Need 10-15 minutes and someone to listen?



Call us at our new Community Connections Chat Line at

973-473-7994

- During these challenging times we know sometimes connecting to another person can really help us feel less isolated and overwhelmed.
 - Someone we can chat with and share how we are coping with this “new normal.”
 - Someone to talk to just to take a short break from all your daily responsibilities and worries.



The Mental Health Association in Passaic County [Community Connections Chat Line](#) is a non-emergency resource for adults seeking information, resources and emotional support.

This new service is available to all members of our community – at no cost – to chat with a member of our staff for encouragement, understanding & support. Monday-Friday 9:00am to 5:00pm (Except Holidays)

We are here to listen and connect because we are in this together!