

The STEM
Education Series
Presents:

THE SCIENCE OF CONSCIOUSNESS

A series of explorations and conversations about the nature of our experience



Education Series



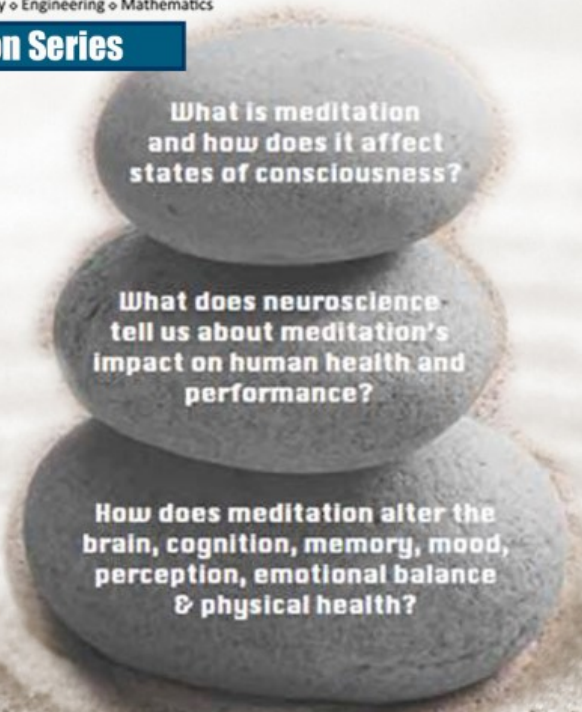
NEUROSCIENCE & MEDITATION SERIES



Hosted & Moderated by
Professor Martin Baranowski
Biological & Physical
Sciences Department

Tuesday
March 26, 2019
4pm - 5pm
STEM Makerspace
E210

Tuesday
April 9, 2019
4pm - 5pm
STEM Makerspace
E210



What is meditation and how does it affect states of consciousness?

What does neuroscience tell us about meditation's impact on human health and performance?

How does meditation alter the brain, cognition, memory, mood, perception, emotional balance & physical health?

All students, faculty & other great thinkers are invited

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Sponsored by the U.S. Department of Education, The EDC&I Program & the Achievement Grant at PCCC