



Education Series

The STEM Education Series Presents:



THE SCIENCE OF CONSCIOUSNESS

A series of explorations and conversations about the nature of our experience

Tuesday

March 19, 2019

4pm - 5pm

STEM Makerspace

E210

NEUROSCIENCE

Re-Scheduled to
Tuesday March 26th, 2019, 4-5pm

What is meditation and how does it affect states of consciousness?

What does neuroscience tell us about meditation's impact on human health and performance?

How does meditation alter the brain, cognition, memory, mood, perception, emotional balance & physical health?

Hosted & Moderated by
Professor Martin Baranowski
Biological & Physical
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